



Wildlife Friendly Addingham



#No Mow May! #Every Flower Counts

Conservation charity, Plantlife is encouraging us to think about changing the way we mow our lawns. By cutting less and allowing flowers which are often seen as 'weeds' to flower we can help to provide a feast of nectar for hungry pollinators. Bees for instance love clover, dandelion, bird's foot trefoil, vetch and cowslips.

Leave your lawnmower in the shed for the rest of the month and over the late May bank holiday weekend join in the #Every Flower Counts nationwide survey to help discover how many bees the UK's lawns can feed!



Research shows that reducing how often you cut can make a big difference:

- ◆ **by only cutting your lawn every four weeks**, you give short growing plants like Daisies, White clover and Selfheal the chance to flower and boost nectar production
- ◆ **if you can leave some areas of longer unmown grass as well that is even better.** Tall-grass, nectar rich species, like Ox eye daisy, Red clover, Field scabious and Knapweed grow upright and take longer to reach flowering size, so can't cope with being cut off regularly, and will only bloom in grass that's not been mown for several months or more. These wildflowers increase the range of nectar sources for different pollinators and extend nectar availability into late summer.

[Click here](#) to find out more, about and join in Plantlife's campaigns:

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Don't forget to make a Mow Scare for your lawn!

To encourage us to put away our lawnmowers for #No Mow May, AEG young environmentalists in our Saplings group have made 'Mow Scares'. As you walk around the village see if you can spot them on our wildflower & pollinator patches. Even better, join in #LetItBloomJune and #KneeHighJuly and leave some grass to grow long through the summer!

